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YOUR DIRECTORY OF HELP DURING THE **COVID-19** OUTBREAK

Whyteleafe Village Council and District Councillors Jeffrey Gray and David Lee have compiled a handy list of places and people that can offer help, or opportunities for volunteers, during this challenging time. Please keep and share this information.

Firstly, if possible, keep a check on your immediate **neighbours** as they may require assistance because they are 'shielded', vulnerable, self-isolating and/or key workers.

Local help and volunteering opportunities are being coordinated via Tandridge Voluntary Action www.tva.org.uk / 01883 722593 / email info@tva.org.uk and The Westway Centre Hub, Caterham on 01883 347230 and www.thewestway.org.

In addition, there is the comprehensive Surrey County Council website www.surreycc.gov.uk/coronavirus which covers subjects ranging from **foodbanks, self-isolation and registration as a vulnerable person**. The Community Helpline telephone number is 0300 200 1008.

If you need updates on Tandridge District Council services, paying **council tax and rent, recycling and bin collections** and where to find a **pharmacy**, go to www.tandridge.gov.uk/coronavirus If you are not on-line, call 01883 722000.

The Caterham and Warlingham Citizens Advice Bureau which also serves Whyteleafe provides advice on **money and debt management** – contact them by email office@caterham.cabinet.org.uk or call 03444 111 444.

For those seeking to make a new claim for **Universal Credit** call 0800 1448444.

For those suffering or feeling **at risk of domestic abuse**, help and advice is available from the East Surrey Domestic Abuse Services on 01737 771350 www.esdas.org.uk

To find out how to **protect against scams** google "be scam aware citizens advice" or telephone the Citizens Advice consumer helpline on 0808 223 1133.

For the latest information about the **actions of government** to combat the outbreak and to protect the citizens of the UK visit www.gov.uk/coronavirus. This also includes information from Public Health England.

To obtain **accurate NHS advice** and information about Covid-19 visit www.nhs.uk/conditions/coronavirus-covid-19

***We'll all be safer if we all look out for each other and pull together
"Stay home, protect the NHS, save lives"***